

POOL 1 SCHEDULE

Effective date 9-1-2025

NO LIFEGUARD ON DUTY 4:30-6am!! Adult swim only.

A Lifeguard will be on duty: Monday-Friday from 6:00 a.m.-9:30 p.m.

Saturday and Sunday 7:00 a.m. -7:30 p.m.

Swim Lesson Programming

Aquatic Fitness classes - Fall schedule begins 9-8-25

THERE IS NO OPEN SWIM ALLOWED DURING AQUATIC CLASSES

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00	CLOSED	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	CLOSED
6:00		Aqua Fit-2 Laps-2	Open Swim Laps-2	Aqua Fit-2 Laps-2	Open Swim Laps-2	Aqua Fit-2 Laps-2	
7:00	Open Swim Laps-2	Open Swim Laps-2		Open Swim Laps-2		Open Swim Laps-2	Open Swim Laps-2
8:00		Aqua Dance-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Combat-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Dance-3 Laps-1	Aqua WORKX-3 Laps-1
9:00		Aqua Flex & Flow-3 Laps-1	Aqua Strong-3 Laps-0	Aqua Flex & Flow-3 Laps-1	Aqua Strong-3 Laps-0	Aqua Flex & Flow-3 Laps-1	Swim Lessons-2 Laps-0
10:00			Swim Lessons-2 Laps -0		Swim Lessons-2 Laps -0	Swim Lessons-2 Laps-0	Open Swim
11:00		Barre & Balance-4 Laps-0	Open Swim	Barre & Balance-4 Laps-0	Open Swim	Open Swim	
12:00		Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Open Swim Laps-2	Open Swim Laps-2
1:00		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2		
2:00		Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1		
3:00		Open Swim	Open Swim	Open Swim	Open Swim		POOL PARTY Inflatable Laps-0
4:00		Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0		Starts on 10/4
5:00		Open Swim	Open Swim	Open Swim	Open Swim		Open Swim Laps-2
6:00						POOL PARTY Inflatable Laps-0	
7:00		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Starts on 10/3	CLOSED
8:00	CLOSED					Open Swim Laps-2	
9:00		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

POOL 2 SCHEDULE

Effective date 9-1-2025

NO LIFEGUARD ON DUTY DURING LAP SWIM

Lifeguard is stationed in Pool 1

Pool 2 LAP SWIM is for swimmers 16 years and older. Reservation REQUIRED *See below for Open Swim Times

Lane 1 is first come-first serve when not being used in other programs

Lanes 2 & 3 MUST be reserved. Max 1 person. Lap swimming or water fitness

Lanes 4 & 5 MUST be reserved. Max 2 persons. Lap swimming or water fitness

Children under 16 are only allowed in Pool 2 during scheduled LIFEGUARD SUPERVISED OPEN SWIM times and only if a lane is available:

SUNDAY 9am-7pm, MONDAY-FRIDAY 7-9pm, SATURDAY 10-11am and 12-7pm

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00	CLOSED	Channel Cats-3 Laps-2	Masters-5 Laps-0	Channel Cats-3 Laps-2	Masters-5 Laps-0	Ext. Masters-5 Laps-0	CLOSED
6:00			Laps-5		Laps-5		
7:00	Laps-5	Laps-5		Laps-5		Laps-5	Masters-5 Laps-0
8:00							Channel Cats-5 Laps-0
9:00	Open Swim LIFEGUARD ON DUTY	TriSwim-5 Laps-0	Aqua Deep-3 Laps-2	TriSwim-5 Laps-0	Aqua Deep-3 Laps-2		
10:00	Laps available	Laps-5	Laps-5	Laps-5	Laps-5		
11:00							PC Flyers-5 Laps-0
12:00							Open Swim LIFEGUARD ON DUTY
1:00							Laps available
2:00							
3:00		Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	
4:00							
5:00		Comp. Gp. Practice-5 Laps-0	Comp. Gp. Practice-5 Laps-0	Comp. Gp. Practice-5 Laps-0	Comp. Gp. Practice-5 Laps-0	Comp. Gp. Practice-5 Laps-0	
6:00			PC Flyers-5 Laps-0		PC Flyers-5 Laps-0		
7:00	CLOSED	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	CLOSED
8:00		Laps available	Laps available	Laps available	Laps available	Laps available	